

CERTIFICATE

OF PARTICIPATION

This is to certify that

Shiran Weltsman

Has successfully participated & completed the

5km Shift Wellness - Winter Wellness Trail Series

held at Walter Sisulu Garden.

TIME 01:01:21

PACE 12:15/km

OVERALL 26 of 41

21 July 2019, Sun

Date

GENDER 19 of 32

OPEN 9 of 15



Signature